hub

True Motion

Application Pack

Closing Date: Sun 17 Jan 2027



Lincoln Arts Centre

About

True Motion celebrates the wealth of youth dance and creativity from across Greater Lincolnshire, providing talented young dancers with a unique opportunity to showcase their work on a professional stage.

True Motion is produced and run by the Hub dance team in association with Lincoln Arts Centre, University of Lincoln & Fabric. Our 2027 platform introduces an exciting new addition of free aerial exclusive workshops with Circus Starlight. The workshops are a first-come first-served basis where dancers will need to register to take part due to limited space. More details to sign up will be shared if you are selected to take part in True Motion. Additionally, an independent panel will present three awards: Outstanding Piece, Choreographic Concept, and Social Impact.

Beyond performances, True Motion offers workshops and networking opportunities with dancers, dance companies and further education throughout Lincolnshire. The initiative proudly aligns with U.Dance, a national framework led by One Dance UK that creates performance opportunities for young people across the country, connecting local talent to the broader national dance community.

True Motion
Lincoln Arts Centre
Sat 17 Apr 2027

What can we expect on the day of True Motion 2027?

The day will consist of two dance workshops for the performers to take part in and a creative careers area for them to visit. These will be in rotation with technical rehearsals. The workshops will be delivered by the University of Lincoln Dance Department and an invited street dance artist. The day will also include a dress rehearsal before the evening's performance.

Key Dates

What	**When**
Applications open	Fri 13 Nov 12 noon
Applications close	**Sun 17 Jan**
Applicants informed of application outcome	Fri 22 Jan
Chaperone / BOPA information	Fri 12 Feb
Technical information deadline	Fri 19 Mar
True Motion event, Lincoln Arts Centre	Sat 17 Apr


TRUE MOTION
JumpStart


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Who can apply?

- Application is open to any youth dance company, school dance group, community dance group or individual that meets the criteria, as stated below.
- We welcome applications from groups working in different dance styles; with young people in different settings including schools, youth centres, community groups and youth dance companies.
- Application is open to any dance form.
- We strongly encourage applications from groups that include disabled dancers with physical or special educational needs (SEN).

Application Criteria

The selection panel will be looking for dance groups that:

- Demonstrate excellence in performance.
- Present excellent and engaging choreography.
- Show dancers taking clear ownership of the choreography, which is appropriate for their age and experience.
- Demonstrate respect and consideration to all (demonstrated through the group's conduct at the event).

Group Eligiability

- Group Size - 30 dancers maximum. Please note that groups of 16 dancers or more will need three chaperones to perform at True Motion.
- Age range - Dancers must be aged 11 to 21 years. Disabled dancers must be aged up to 25 years.
- Length of piece - Minimum of 2 minutes and maximum 7 minutes.
- Leaders must coordinate the administration including consent forms, performance licensing requirements, parent liaison, technical information, chaperoning and transport needs for their own group.



True Motion - Good Practice Guide

This guidance is for dance groups and individuals based in Greater Lincolnshire wishing to apply for True Motion 2027 at Lincoln Arts Centre on Sat 17 Apr.

True Motion is produced in association with Fabric and we will be working in line with their good practice guide, which has been created to support group leaders working with young people towards U.Dance associated events.

We strongly recommend that all applicants watch the good practice guide before applying U.Dance Good Practice Guide, and refer to it throughout the creation of your choreography.

Application Process

- To apply, follow the 'Apply Here' link on our website and complete the Google form (this should take approximately 5 to 10 minutes). True Motion Application Form
- Alternatively you can record yourself answering the questions and send in video or audio format.
- You will need to submit a film of your performance piece.
- Selection will be carried out by an independent selection panel that includes Hub staff and invited external representatives.
- Applications will be acknowledged via email.
- The Hub takes no responsibility for applications or film footage that are faulty or not of a quality to be viewed by the selection panel by the deadline given.

Guidance for Filming your Dance

- Make sure that your performance is well lit and clearly visible.
- Make sure the whole group is present for filming.
- Film the work from the front, not the back or side.
- If filming on a phone -position the phone in landscape.
- Make sure we have received your full application. If you do not receive a confirmation email from us, please assume that we haven't received it.
- If you are unsure about anything, please contact **emma.bouch.hubsleaford@gll.org**

Costs

It is **FREE** to apply and participate in True Motion 2027.
If selected - Groups will need to be prepared to cover the cost of:

- Transport to and from the performance venue.
- Food and refreshments (young people will be required to bring a packed lunch).
- Cost for leaders to be present at the event.
- Costs for chaperone licences if required.

FAQs

Will I receive feedback on my application?

We anticipate a large volume of applications so we will not be able to offer detailed feedback on each submission. However, we will inform you if your application is unsuccessful.

Can I submit more than one performance piece?

You can only submit one performance piece per group but you are welcome to submit more than one piece for a different style/group who are part of the same school or organisation.

Apply HERE

Thank you for your interest in performing at True Motion with the Hub. We look forward to receiving your application.

For any queries or questions about the information above or applying for True Motion, please get in touch.

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